

Respect

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Music: "Respect" by Aretha Franklin, Available for download on Napster and other sites

Rhythm: West Coast Swing Phase IV+1 Footwork: Opposite/or as noted

Timing: On side of measure, denotes weight changes, woman's in parentheses

Sequence: Intro - A - B - A - B - A - Inter - C - A - Inter - D - B(mod) - End

INTRO

MEAS

1-4

Wait w/hip bumps ;; Man Swivels/Lady Walks ; Man Close/Cross,Unwind to Face,;

- 1 {Wait w/hip bumps} In V-Position Man facing DRW Lady facing DLW weight on lead feet trailing feet are pointed as body with slight pressure on ball raise R hip/ lower, raise R hip/lower, raise R hip/lower, raise R hip/lower ;
- 2 raise R hip/lower, raise R hip/lower, raise R hip/lower, Raise r hip/lower ;
- a1-3-
(1234) 3 {Man Swivels/Lady Walks} Raise R hip/lower making contact with W cheek to start her walking, slowly swivel LF taking wt on R ft with L ft pressed facing LOD,,(take weight on L, fwd R turning 1/8 LF, fwd L turning 1/8 LF, fwd R to face Wall);
- a1--4
(567-) 4 {Man Close/Cross,Unwind to Face} Close L to R/ XRIF of L sharply with toe up, using toe of L ft and heel of R ft unwind LF,,(fwd L turning 1/8 LF, fwd R turning 1/8 LF, fwd L to face RLOD,) to OP LOD;

PART A

1-3

Sugar Push ;,, Left Side Pass,;

- 12345a6 {Sugar Push} Bk L, bk R, tch L to R , fwd L ; Anchor R/L, R,
123a45a6 {Left Side Pass} Bk L, fwd & sd R to lady's L sd trn LF; trng LF cl L/inplace R, fwd L RLOD, anchor R/L, R (fwd R, fwd L slght trn LF; sd R/XLIFR, trn LF bk R LOD, anchor fc LOD L/R, L);

4-6

Knee/Point,;;; Shoulder Shove with Side Break ;;

- 12345a6a7 4 {Knee/Point} Raise L knee across body and point sharply to L,;;;
5-6 {Shoulder Shove with Side Break} Bk L, bk R, tch L to R, fwd L lowering slightly into left knee and swiveling RF slightly while bumping L shouder to W R shoulder; Anchor R/L, R, sd L/sd R to face ptr with feet about shoulder width apart;
(note: ending directions are opposite on the second time through Part A.)

PART B

1-4

Swivel Together ; Apart ; Swivel Together; Apart ;

- 2-- 1 {Swivel Together} Point R index finger at ptr on word "Respect", tch L ft fwd/swivel RF onto L ft into V position with M fc DLC L fc DRW,;;
- 1--- 2 {Apart} Swivel LF onto R ft with L ft pressed facing RLOD,;;;
- 1--- 3 {Swivel Together} Swivel RF onto L ft into V position with M fc DLC L fc DRW,;;
- 1--- 4 {Apart} Swivel LF onto R ft with L ft pressed facing RLOD,;;;
- (note : swivels together and apart are choreographed to be slow and use all of each measure. Also, Also ending directions are opposite on the second time through Part B.)

INTERLUDE

1-4

Passing Merengue 8 ;; Swivel Together ; Apart ;

- 1234 5678 1-2 {Passnig Merengue 8} Fwd L turning 1/8 RF leading W to turn LF under joined lead hands, cl R to L, sd L turning 1/8 RF to fc COH, cl r to RI; Sd L turning 1/8 RF, cl R to L, sd L turning 1/8 RF to fc LOD, cl R to L;
- 3 {Swivel Together} Swivel RF onto L ft into V position with M fc DRW L fc DLW,;;;
- 4 {Apart} Swivel LF onto R ft with L ft pressed facing LOD,;, to HandShake LOD;
(to OP LOD second time)

PART C

- 1-3** **Face Loop Sugar Push ;, Vine 4 & Triple Step,;**
 12345a6 {Face Loop Sugar Push} Bk L, bk R keeping head forward looping joined hands over M head, tch L (W lift R knee on outside of M L leg), fwd L; Anchor,;
 12345a6 {Vine 4 & Triple Step} fwd and sd L to fc WALL(fwd and sd R to fc WALL), XRIB; Sd L, XRIF, sd L/cl R to L, sd L ;
- 4-6** **Vine 4 & Anchor ;, Tuck & Spin ;,;**
 12345a6 {Vine 4 & Anchor} Sd R, XLIF, sd R, XLIB; Sd R/cl L to R, cl R to L to Op LOD,
 12345a6 {Tuck & Spin} bk L, bk R; Tch L to R, fwd L, anchor R/L, R (W tuck in LF tch R to L, turn away from M RF fwd R to turn 1/2 to face M, anchor L/R, L) to OP LOD;
- 7-8** **Whip ;;**
 123a4 {Whip} Bk L, fwd & sd R to lady's R sd trn RF lady into R arm, sd & fwd L trng RF/rec R trng RF, sd & fwd L fc RLOD (fwd R, fwd L trn RF, bk R/cl L, fwd R betwn man's feet);
 567a8 XRIBL, trn RF sd L release lady fc RLOD, anchor R/L, R fc LOD (fwd L trn 1/2 RF, bk R, anchor L/R, L);

PART D

- 1-4** **Man Press/Lady Ripple ; Side Break ; Close Close ; Knee, Point ;**
 a1 1 {Man Press Lady Ripple} Take weight on L/fwd R with attitude and hold looking down at W,,(W does slow body ripple with no weight change to singer spelling R-E-S-P-E-C-T);
 a1 2 {Side Break} Sd L/sd R,,,
 a1 3 {Close Close} Cl Lto R/cl R to L,,,
 4 {Knee/Point} Raise L knee across body and point sharply to L,,;
- 5-6** **Sailor Shuffle 4 X ;;**
 1a2 3a4 5 {Sailor Shuffle} XLIB, sd R/sd L, XRIB, sd L/sd R;
 1a2 3a4 6 {Sailor Shuffle} XLIB, sd R/sd L, XRIB, sd L/sd R;

PART B (mod)

- 1-2** **Wrapped Whip ;;**
 123a4 1 bfly bk L, rec fwd & sd R to lady's R sd raise lead hnds trn RF lady wrap into low trail arms, sd & fwd L trng RF/rec R trng RF, sd & fwd L pull lady bk release trail hnds (bfly fwd R, fwd L undr lead hnds, fwd R/cl L, bk R);
 567a8 2 XRIBL, trn RF sd L, anchor R/L, R (bk L release trail hnds, bk R, anchor L/R, L) fc LOD;
- 3-6** **Swivel Together ; Apart ; Swivel Together; Apart ;**
 1--- 3 {Swivel Together} Point R index finger at ptr on word "Respect", tch L ft fwd/swivel RF onto L ft into V position with M fc DRW L fc DLW,,;
 1--- 4 {Apart} Swivel LF onto R ft with L ft pressed facing LOD,,,
 1--- 5 {Swivel Together} Swivel RF onto L ft into V position with M fc DRW L fc DLW,,;
 1--- 6 {Apart} Swivel LF onto R ft with L ft pressed facing LOD,,;

ENDING

- 1-3** **Passing Merengue 8 ;; Lady Ripple, Man Back & Press ;**
 1234 5678 1-2 {Passnig Merengue 8} Fwd L turning 1/8 RF leading W to turn LF under joined lead hands, cl R to L, sd L turning 1/8 RF to fc WALL, cl r to Rl; Sd L turning 1/8 RF, cl R to L, sd L turning 1/8 RF to fc RLOD, cl R to L;
 1 3 {Lady Ripple, Man Back & Press}_Bk L and fold arms with attitude while looking at W (W slow body ripple);